

ST. JOHNS COUNTY SCHOOL DISTRICT  
SCHOOL HEALTH SERVICES

## CYSTIC FIBROSIS MEDICAL MANAGEMENT PLAN

(To be completed by Physician/ Healthcare Provider)

PLACE  
I.D.  
PHOTO  
HERE

Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_ School Yr. \_\_\_\_\_

Parent: \_\_\_\_\_ Primary Phone # \_\_\_\_\_

Physician \_\_\_\_\_ Phone \_\_\_\_\_

Symptoms:  persistent coughing, at times with mucus  fatigue  wheezing or shortness of breath  
 upset stomach  recurrent respiratory infections

Medications taken at home: \_\_\_\_\_

Medications Needed at School:  Yes  No \_\_\_\_\_

Enzymes Needed at School:  Yes  No Enzyme Brand Name \_\_\_\_\_

# to be taken with snacks \_\_\_\_\_ # to be taken with meals \_\_\_\_\_

### For Self Administration of Enzymes:

It is my professional opinion that \_\_\_\_\_  should  should **NOT** carry and use the enzymes by him/ herself.

Special Equipment Needed at School  Yes  No \_\_\_\_\_

Dietary Modifications: \_\_\_\_\_

Activity restrictions (excuse from physical education program will require a doctor's note): \_\_\_\_\_

Fluids needed with physical activity  Yes  No What type is needed? \_\_\_\_\_

Other modifications needed (i.e. frequent bathroom breaks): \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

**Nursing services are recommended for the care of this student during the school day.**

### Authorization for Health Care Provider and School Nurse to Share Information: For Parent to Complete

I authorize my child's school nurse to assess my child as regards his/her special health care needs and to discuss these needs with my child's physician as needed throughout the school year. I understand this is for the purpose of generating a health care plan for my child. I understand I may withdraw this authorization at any time and that this authorization must be renewed annually.

As the parent or guardian of the student named above, I request that the principal or principal's designee assist in the administration of medication/treatment prescribed for my child.

I understand that under provisions of Florida Statue 1006.062, there shall be no liability for civil damages as a result of the administration of medication when the person administrating such medication acts as an ordinarily reasonable, prudent person would have acted under the same or similar circumstances. I also grant permission for school personnel to contact the physician listed above if there are any questions or concerns about the medication. I have read the guidelines and agree to abide by them.

I authorize the physician to release information about this condition to school personnel.

Parent/ Guardian Signature \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

Phone (C) \_\_\_\_\_ (WK) \_\_\_\_\_ (HM) \_\_\_\_\_