



# October



**National Bullying Prevention Awareness Month**

**Red Ribbon Week-Making Healthy Choices Oct. 25-29**

**Unity Day-October 20th**

**Monday, Oct. 25th**-Wear your **red** ribbons-provided by MCA Guidance! Special announcements/teacher-led classroom activities.

**Tuesday, Oct. 26th**-Special announcements/teacher-led classroom activities.

**Wednesday, Oct. 27th**-MCA Spirit Day (Wear your **blue** and **gold**!)

**Thursday, October 28th**-Natural High videos/discussions, tune in for special announcements.

**Friday, October 29th**- **Wear red!** Pledge Day, pledge to make healthy choices/sign with your class, tune in for a special announcement.